

Schoolboys Handbook 2006

This handbook should be read carefully by all our schoolboys/girls and their parents. Its rules and advice must be followed.

The **Club Colours** are green and white hoops. The alternative colours are yellow. Shirts must be worn inside, not outside, the shorts - it is a shirt not a dress. Boys/girls should make sure that they have their own stockings, the same as their team mates. The manager will supply these stockings, current price €5.

BIRTH CERTS: New players must supply their birth certs to their manager before participating in a competitive game - failure to do so will cause disciplinary action to be taken by Executive.

Personal Property The club accepts no responsibility for gear, boots, etc. You should not take any valuable clothing or jewellery to games or training.

Football boots and laces should be kept clean. Laces should be long enough to wrap around the sole and tie neatly, not on the instep. Laces should be tied properly before game. If you have to tie them during the game, you have not prepared yourself and you are effectively out of the game while you are tying them up again.

BEFORE MATCH DAY, you should do a check to make sure that you have followed all the following instructions, including checking that your gear is ready and in proper condition. The list includes :

1. MOST IMPORTANT : NOTIFY YOUR MANAGER BY WEDNESDAY, OR AS EARLY AS POSSIBLE BEFORE MATCH DAY IF NOT AVAILABLE FOR NEXT GAME. THIS MUST BE DONE. AT LEAST 2 WEEKS NOTICE SHOULD BE GIVEN WHERE MAJOR EVENTS LIKE HOLY COMMUNIONS OR CONFIRMATIONS ARE DUE ON A CERTAIN DATE THAT MEANS YOU ARE UNAVAILABLE.
2. Boots/Laces and Stockings must be clean for match day.
3. Shinguards, without which referee will not let you play.
4. Elastic bands (not too tight) or tie-ups for holding your stockings up. String tie-ups should be tied on the fleshy part of the leg and not on the shin-bone, and should not be tied too tight.
5. Towel, and any other special requirements you might have, e.g. inhaler.
6. Vaseline. When pitches are hard in dry weather, Vaseline should be put on outside of stockings to prevent friction, which causes blisters.
7. You should find out your match for the following weekend by looking at the Soccer Supplement of Tuesday's Star newspaper.

MATCH DAY TRANSPORT

Parents should try to make themselves available to provide transport for away matches and they should ring the manager to let him/her know before match day if they are available.

PARENTS' BEHAVIOUR AT MATCHES

This is continuing as a problem at matches. The manager and his coaching team are the only ones who should be giving advice. By all means, parents may give encouragement to the players. Negative comments and criticism is unacceptable, and parents can expect to be challenged by the club if they persist in such behaviour. Parents should remember that advice coming from different quarters will only serve to confuse.

ANNUAL REGISTRATION FEES

As notified to parents and members before season starts.

INSURANCE

Players are insured (Personal Accident). Details will be posted on website. The club does carry public liability insurance, which covers playing matches, training, official meetings, presentations, and the likes.

DISCLAIMER - IMPORTANT

To the extent that this insurance cover proves inadequate, the club does not accept responsibility.

METHODS OF PAYMENT

Yearly Payments should **only** be made by way of Cheque in favour of Castleknock Celtic and crossed. Cash payments should **not** be used.

MEETING TIMES -MATCH DAY/TRAINING: Note carefully the meeting time and place for your training and matches. Your parents should be available to collect you as necessary after games or training.

BEHAVIOUR

At all times, have respect for managers who devote a lot of time to your welfare. Also look after club property including jerseys and other gear.

DOs and DON 'Ts

- **Do not use leather balls on concrete or tarmacadam surfaces or against walls.**
- **Boys/girls should not play football on the road** when waiting for transport to go to matches.
- **Remember that you are a member of Castleknock Celtic F.C., which has an excellent reputation. Don't do anything to damage that reputation by bad behaviour. This is especially so when travelling on away games/trips.**
- **Many of you will be lucky enough to play on the league representative teams. This is an opportunity for you to keep the Castleknock Celtic flag flying high by your good behaviour.**

- Do not leave litter **lying around, put it in BRUSCAR/litter bins.**
- Boys/girls should help **their managers by collecting flag poles, gear, and cones, and taking down nets, after games and training.**

WARM-UP EXERCISE

Be sure to follow your manager's instructions to warm up before training and matches. These are extremely important to prevent injury, e.g. groin strain, and to prevent long-term injury in your later life. Boys/girls should tell their parents to make sure that they have had in recent times a **TETANUS INJECTION** to prevent disease in the event of a wound being infected by dirt.

NEVER DISPUTE the referee's decision. He will not change his mind, but is liable to give you a yellow or red card. Earrings etc are not allowed to be worn in matches, so don't wear any.

DONATIONS/SPONSORSHIP

Some parents may be in a position to help the club's finances by making a contribution towards for example the running expenses of the teams. Some might even be able to sponsor a set of gear, or to get someone else to do so. Please let your manager know if your parent(s) can help.

TRACK-SUITS AND BAGS

Where these are sponsored or purchased by the club, they are club property and must be returned to the club by a player who ceases to be a member.

DRESSING ROOMS

Boys/girls should look after these facilities. They cost a lot of money. Clean your boots outside the dressing rooms, do not wear them in the dressing rooms, and do not bang them off the dressing room walls/floors.

Breaking the rules of the club is liable to be penalised by suspension, fines or expulsion.

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1st July 2000